**Holiday Work 2022 for Level 3 Health and Social Care**

**Year 11s going into Year 12**

**You will be asked for this work when you return. It will be a sign of how committed you are to studying this course.**

**For GSh:**

You need to have an awareness about different

**Care settings** [hospitals, care homes, clinics, nurseries, GP surgeries etc]

and

**Service users** [those people who may live, visit or use these care settings]. These range from birth to old age and include people with ‘conditions’, syndromes, impairments and disabilities as well as able bodied people.

and

**Care workers** [those who provide care such as Doctors, nurses, dentists, hospital workers, hospital receptionists, physiotherapists…to name a few.

Watch as many of the following but do keep a diary or note of things that you notice or like about them. I would expect at least 8 examples please.

Complete a chart using the following headings:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Programme | Care worker/ character | Job role | Care setting | Health &/or Social Care | Comments including skills used and qualities demonstrated |
| Example: |  |  |  |  |  |
| Coronation Street | Doctor Gaddas | Doctor | Community centre surgery | Both | Diagnostic work; mental health advice; giving contraception advice |

**TV programmes** that deal with people such as those on More 4. Channel 4, Dispatches, Horizon, Emergency 999, Saving lives at sea, One born every minute There are LOADS available, often on catchup or u tube if you miss them.

**Films:**

Inside I’m Dancing, Vera Drake, My Left Foot, Angela’s Ashes, A Beautiful Mind, Shutter Island, Beaches, Stepmom, Silver linings.

Examples of qualities

Genuiness, Patience Understanding Empathy Respect Willingness Sense of humour Cheerfulness

Examples of skills

Communication skills:

Listening Talking Body language Keeping records IT skills

Scientific skills:

Monitoring Taking observations Giving medication and treatment

Planning diets

Practical skills:

Washing Helping with mobility Dressing Moving and Handling

Preparing food Bed making

Interpersonal skills:

Team work Relationship building Interacting with other agencies Comforting

Organisational skills:

Time management Planning Problem solving

For NTs

**Unit 2: Equality, diversity and rights in health and social care –**

1. **Define the following words:**

* **Equality**
* **Diversity**
* **Race**
* **Religion**
* **Culture**
* **Sexual orientation**
* **Class**
* **Rights**
* **Empowerment**
* **Independence**
* **Inclusion**
* **Respect**
* **Dignity**

1. **Create a collage showing as many diverse elements of British society as you can find. You could use images from the internet and make sure you have a printout of the finished work.**
2. **Select 5 of the individuals from your collage and describe the types of health and/or social needs they may have for example children may need vaccinations and milestone checks etc**
3. **Outline any difficulties they may encounter trying to get these needs met.**

**For KMa**

**Find and read through your anatomy/ human biology GCSE work. Do not throw it away! You will need it.**