



Charles Darwin School

Operated by the Charles Darwin Academy Trust

Headteacher: Sunil Chotai, BSc

14th July 2021

Dear Parents/Carers,

Advice to parents of positive LFD test at Charles Darwin School

I am writing to inform you that we have received notification of a positive LFD test in the Year 10 bubble and are waiting for a confirmatory PCR test result. We are continuing to monitor the situation and are working closely with the health authorities to establish the best course of action.

We have communicated separately with those students who have been identified as close contacts and advised them to isolate in line with government guidance.

Obviously, given the current situation, reducing all contact with students outside their year group bubble is an important precaution for all concerned as we seek to minimise the spread of the virus. I would therefore urge all parents to support this in all dealings outside of school. **It is important that families continue to LFD test twice a week, more often if a student feels unwell, and report any positive cases to the school. Should a student test positive they must not return to school and should book a PCR test.**

Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 10 days. The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or

- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/> or by phoning NHS 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

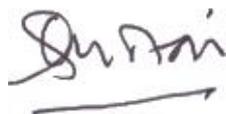
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at:

<https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19>

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Sunil Chotai', with a horizontal line underneath it.

Sunil Chotai
Headteacher

CV3