

Personal Development Additional programme

Year 8

- **Personal safety and mental health/ wellbeing - Life Skills day** (previously known as Impact day)

all day carousel in form groups

Generation F

- (1) Police – crime and consequences (inc gangs and drugs)
- (2) Blue cross – taking care of dogs
- (3) Fire brigade – Fire safety and hoax call consequence;
- (4) Mental health and wellbeing – supporting own and others;
- (5) Valour Youth – Racism;
- (6) Youth offenders – what to do if you witness a crime;
- (7) Protection approaches – discussing hate crime

- **Healthy relationships – Consent**

Tender – Acting to End Abuse

All girl group Yr 8-10 (25 – 30 in number) including targeted vulnerable children – 2 day project on what a healthy relationship looks like, what to do if you are in an unhealthy relationship inc. consent and the law .

Presentation to all of Year 8 at end of second day (1 hr)